



Medica Central Health Plan
Medica Advantage (HMO/HMO-POS)
OSF with Medica Advantage (HMO-POS)

2024 Step Therapy Criteria

Please Read

This document contains information about our Step Therapy Criteria.

Step Therapy

In some cases, Medica Central Health Plan requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition Medica Central Health Plan may not cover Drug B unless you try Drug A first. If Drug A does not work for you, Medica Central Health Plan will then cover Drug B.

Additional Resources to Help

For more recent information or other questions, please contact Medica Central Health Plan Customer Service at **1 (877) 301-3326 (TTY:711)**, 8 am – 8 pm, weekdays (year-round) and weekends (Oct. 1 – Mar. 31), or visit **Central.Medica.Com/Medicare**

This document was updated on 05/01/2024.

Medica Central Health Plan (formerly WellFirst) MAPD

Step Therapy Criteria
Last Updated 5/1/2024

Products Affected

AUVELITY 105-45MG ER TAB

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

EMSAM 12MG/24HR PATCH

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

EMSAM 6MG/24HR PATCH

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected
EMSAM 9MG/24HR PATCH

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

ESTRING 2MG (7.5 MCG/24HR) VAGINAL SYSTEM

Details

Criteria	Step Therapy requires trial of PREMARIN VAGINAL CREAM OR generic estradiol vaginal cream.
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Products Affected

febuxostat 40mg tab

Details

Criteria	Step Therapy requires trial of generic allopurinol.
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Products Affected

febuxostat 80mg tab

Details

Criteria	Step Therapy requires trial of generic allopurinol.
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Products Affected
FEMRING 0.1MG/24HR VAGINAL SYSTEM

Details

Criteria	Step Therapy requires trial of PREMARIN VAGINAL CREAM OR generic estradiol vaginal cream.
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Products Affected

FETZIMA 120MG ER CAP

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

FETZIMA 20MG ER CAP

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

FETZIMA 40MG ER CAP

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

FETZIMA 80MG ER CAP

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

FETZIMA PACK

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

LEVALBUTEROL 45MCG/ACT INHALER

Details

Criteria	Step Therapy requires trial of formulary albuterol HFA product.
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Products Affected
PROLIA 60MG/ML SYRINGE

Details

Criteria	Step Therapy requires trial of one (1) formulary bisphosphonate.
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Products Affected

SPIRIVA RESPIMAT 1.25MCG/ACT INH

Details

Criteria	Step Therapy requires trial of Advair HFA, fluticasone/salmeterol diskus, Wixela, Breo, Dulera, Breyna, or budesonide/formoterol.
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Products Affected
SYMPAZAN 10MG ORAL FILM

Details

Criteria	Step therapy requires trial of generic clobazam tablets.
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Products Affected
SYMPAZAN 20MG ORAL FILM

Details

Criteria	Step therapy requires trial of generic clobazam tablets.
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Products Affected
SYMPAZAN 5MG ORAL FILM

Details

Criteria	Step therapy requires trial of generic clobazam tablets.
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Products Affected

tafluprost 0.0015% ophth soln

Details

Criteria	Step Therapy requires trial of generic latanoprost.
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Products Affected

TRINTELLIX 10MG TAB

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected
TRINTELLIX 20MG TAB

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

TRINTELLIX 5MG TAB

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

vilazodone 10mg tab

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

vilazodone 20mg tab

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

vilazodone 40mg tab

Details

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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Products Affected

ZENPEP 105000-25000-79000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 14000-3000-10000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 24000-5000-17000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 252600-60000-189600UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 40000-126000-168000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 42000-10000-32000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 63000-15000-47000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Products Affected

ZENPEP 84000-20000-63000UNIT DR CAP

Details

Criteria	Step Therapy requires trial of CREON.
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Medica Customer Services

For more recent information or other questions, please contact Medica Central Health Plan Customer Service.

Local: **1 (608) 828-1978**

Toll-free: **1 (877) 301-3326 (TTY: 711)**

Year-round

8 a.m. – 8 p.m. weekdays

Oct. 1–March 31

8 a.m. – 8 p.m. weekends

Visit: Central.Medica.Com/Medicare



Medica Central Health Plan

Medica Advantage

PO Box 56099

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